

Program of the week / Arrival Sunday 8th and departur Monday 16th

	Monday 9	Tuesday 10	Wednesday 11	Thursday 12	Friday 13	Saturday 14	Sunday 15
Breakfast	8 h	6 :30	8 :00/ 8 :30	8h	6 :30	9 h	6 :45
Morning	<p>9 h: Presentation of the we</p> <p>10 h: Games to get to know each other</p>	<p>Departure by bus at 7:20 AM to the Saint-Etienne's school</p> <p>8 h at school: Norwegians and French Terminal and 1ES2)</p> <p>Visit of the town: Portuguese and 1S2 and 2°5 French</p>	<p>10h30: Orienteering</p> <p>Departure from here in clothes for orienteering to the "col de la Republique" with Jean-Baptiste</p>	<p>10:30 Training Games of opposition "tranemo" (Guilhem, Mathis, Quentin, Julien)</p>	<p>Departure by bus at 7:20 AM to the Saint-Etienne's school</p> <p>8 h at school: Portuguese and all the French</p> <p>Visit of the coal mine: Norwegians</p>	<p>Works on the Web site</p> <p>In group: days of the week and 4 subject (culture, sport, social, school)</p>	<p>7:30 departure to The Sapt</p> <p>9h: relay</p>
Lunch	12 h	12 h front of the canteen	picnic	12h30	12 h front of the canteen	11:30	Picnic on-site
Afternoon	<p>14h30: Orienteering</p> <p>Departure from here in clothes for orienteering</p>	<p>13 or 14h, in classes: Portuguese and 1S2 + 2°5</p> <p>14h Visit of town: Norwegians and Terminal + 1ES2</p> <p>Departure at 18:10</p>	<p>13:30 training</p> <p>15:30 Return by bus to the chalet des Alpes</p> <p>16:30 specialties of the regions</p>	<p>14 h : meeting with Amélie Chataing</p> <p>18h: debriefing/ briefing of fridays</p>	<p>13 or 14h, in classes: Norwegians and all the French</p> <p>Departure at 18:10</p> <p>14h: Visit of the coal mine: Portuguese</p> <p>Departure at 18:10</p>	<p>12h30: departure to Joubert (Marlhes) for the competition</p> <p>Race between 14:30 and 16:30</p>	<p>13h: rewards</p> <p>14h: departure</p> <p>Debriefing of the end</p> <p>16h: drinks with French family</p>
Dinner	19 h	19 h	19 :30	19 h	19 h	Picnic on-site	19h
Evening	<p>20:30 Debriefing and briefing of tuesday</p> <p>Free time, free games</p>	<p>20:30 Orienteering</p> <p>Departure from here (urban sprint/ mass start in Bessat)</p>	<p>20:30 debriefing and briefing of Thursday</p> <p>Free time</p>	<p>Games, free time</p>	<p>Games...</p>	<p>19:30 : race of night</p> <p>21:15 departure</p>	<p>Games, free time</p>