	Saturday - feb23rd	Sunday - feb24th	Monday - feb25th	Tuesday - feb26th	Wednesday - feb27th	Thursday - feb28th	Friday - mar1st	Saturday - mar2nd	Sunday - mar3rd	Monday - mar4th	Tuesday - mar5th	Wednesday - mar6th	Thursday -mar7th	Friday - mar8th
Morning	Arrival Airport	of the host	8,20/11,35am School FRA/NOR/POR	club .COM, map "Junceda -	Orienteering with partner club .COM, map "Lamas - Gerês"	Visit to museum of "Minas da Borralha"	Visit to Porto: Bus/Walking tour; "6 Bridges Cruise";	POM - LD	POM - MD	POM - MD	POM - LD	9,00am/ 3,00pm	8,20/11,35am School FRA/NOR/POR	Departure Airport Sá Carneiro FRA (12,35pm) NOI (11,15am)
Lunch		Host family	School canteen	Same and the same of	Youth Hostel canteen	Picnic (Fam)	PU canteen	Arena	Arena	Arena	Arena	Picnic (Fam)	School canteen	
Afternoon	Receiving at school	4,00 pm - Trekking at "Bom Jesus"; Micro-O;	1,30pm/6,30p m Visit to Braga		Romanic way and Spa	Orienteering with partner club .COM,, map "Cabreira"	Visit to Porto: Bus/Walking tour; "6 Bridges Cruise";		3			V Castelo - 9,00am/ 3,00pm (Surf)	Sport - PD Rodovia	
Dinner	Host family	Host family	7,30 pm Local restaurant	Local restaurant	Host family	Host family	Picnic (Fam)	Local restaurant	Local restaurant	Local restaurant	Host family	Dinner at school, with families	Host family	
Accommodation	Host family	Host family	Host family	Youth Hostel	Host family	Host family	School Fig Foz (hard floor)	School Fig Foz (hard floor)	School Fig Foz (hard floor)	School Fig Foz (hard floor)	Host family	Host family	Host family	

